

Sick Children

We follow these guidelines in accordance with the recommendations of the American Academy of Pediatrics. A child may not participate in Child Watch if any of the following symptoms are present within the past 24 hours:

- Fever, vomiting, or diarrhea
- Any symptoms of mumps or chicken pox including any unexplained rash
- Common cold onset (through one week)
- Sore throat, croup, sickly coughing
- Any skin infection (e.g., ringworm, impetigo, boils)
- Yellow or green nasal discharge
- Pink eye
- Lice
- Children not well enough to attend school cannot attend child watch.

PLEASE NOTE: the YMCA reserves the right to refuse childcare to children our staff deems ill or disruptive to the child watch environment.

Safety

Your child's safety is our #1 priority.

Only adults on the membership with a photo will be allowed to check in/out children to the child watch area.

Permission forms are required to check in/out another member's children.

Child Expectations

- Keep your hands and feet to yourself.
- Use your inside voice.
- Follow directions.
- Take care of toys and equipment.
- Treat others the way YOU would like to be treated.
- Have FUN!

welcome



The YMCA is for your enjoyment.

Member and their guests use the facility and equipment at their own risk. Parents assume all liability for children and their behavior.

Concerns:

If you have any concerns, suggestions, or comments regarding the YMCA Child Watch Program, please feel free to speak to the staff caring for your child or contact:

Elaine West
Childwatch Coordinator
elaine.west@austinyymca.org

Janine Jacobs
Membership Experience Director
janine.jacobs@austinyymca.org



Child Watch

For Youth Development
SAFE, SECURE, FUN



The YMCA's Childwatch program is a fun and engaging environment that supports a child's development through supervised activities and play that emphasize the Y's core values of caring, honesty, respect, responsibility and faith.

Springs Family YMCA

Child Watch Handbook

Welcome!

Welcome to the Springs Family YMCA Child Watch Program! We want your children's time with us to be a fun and safe experience. In order to maintain our safety standards and insure program quality, we would appreciate your adherence to our guidelines and policies. These were established with the help of caring parents. Our goal is to offer you and your child the best care possible.

Who can use Child Watch?

Child watch is *only* available as part of a One Adult Household or Two Adult Household. Parents and guardians of children on one of these memberships may leave their children with the Child Watch program, but they *must* remain on the premises. We allow children ages 2 months to 11 years old.

LENGTH OF VISIT

Children 2-12 months	1 hour limit per day
Children 1-11 years	2 hour limit per day

Checking In & Out

Each parent must scan in their own child with their YMCA card. Required information includes:

- Location of parent
- Cell number
- **Parents MUST stay on the YMCA premises while their children are in Child Watch; NO exceptions.**

Helpful Hints for an Enjoyable Experience

- Make sure children have a full tummy!
- Diapers should be clean.
- Children should be taken to the bathroom prior to check-in.
- Please do not bring a child during their normal nap time.

Our program has a 10-minute crying rule. Our staff is accustomed to comforting children. If, however, they are still inconsolable after 10 minutes, the parent will be asked to return for the child.

Mon – Fri (AM)	8:00 am - 1:00 pm
Mon – Thurs (PM)	4:00 pm - 7:00 pm
Saturday	8:30 am - 1:00 pm
Sunday	Closed

Personal Items

- Pacifiers must be on an attaching clip.
- Toys **MUST** stay at home. We encourage the sharing of YMCA toys and don't want personal toys accidentally going home with the wrong family!

Proper Attire

- Shoes must be worn at all times. No cleats. No taps.
- Children must have on clothes; pajamas are not allowed.
- Diapers must be covered with shorts, pants, bloomers, etc.

Food and Drinks

- Due to allergies, **please do not bring any snacks or beverages other than water.**
- Water bottles must be spill-proof and labeled with child's name.

Diapers and Toilet Training

- We do not change diapers or clothing; a staff member will locate you if a diaper needs to be changed.
- If your child is in the process of toilet training, let us know so we can encourage them to use the restroom!
- We strongly recommend pull-ups.

Activities

Our Child Watch has a large room stocked with toys, books, and games. Babies and new walkers have their own area and toys.