



GREATER AUSTIN



KICKSTART YOUR STRENGTH

START WITH YOUR
~~\$125~~ \$0 PROGRESS
PACK

MEMBER
BENEFIT



SCAN

YOUR STARTING POINT
Body Composition Scans:

- ✓ 1 to start
- ✓ 1 more to see your progress



LEARN

YOUR ROUTINE

1 orientation to learn the equipment and explore classes with confidence.



BUILD

YOUR PLAN

1 coaching session with a Y coach to create a plan that fits you.



EVERYONE GETS ONE EACH YEAR.

New member or long-time member—
it's your annual progress pack.



LET'S BOOK
YOUR FIRST SESSION!



ASK US
TODAY!