



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YOUTH & FAMILY BASTROP YMCA MAY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Community Art Day</b> 4:15-5:00 04/16/18	<b>ASL Level 2</b> 4:30-5:30 Ages 5-12	<b>Homeschool P.E.</b> 1:30-2:30 Ages 5-12	<b>Kids Dance Fit</b> 4:14-5:00 Ages 4-11		<b>Parents Night Out</b> 5:30-9:30 Ages 4-12 05/19/18
<b>Volleyball Practice</b> 5:30-6:30 Ages 8-9	<b>The Quick Cook</b> 5:30-7:00 Ages 10 and up	<b>Homeschool Art</b> 2:45-3:45 Ages 10-17	<b>Soccer Practice</b> 5:30-6:20 Ages 4-12		<b>Soccer Game</b> TBD Ages 4-12
<b>Ballet</b> 6:00-6:50 Ages 4-7		<b>Art</b> 4:15-5:15 Ages 5-10			<b>Volleyball Game</b> TBD Ages 8-15
<b>Volleyball Practice</b> 6:30-7:30 Ages 10-12		<b>Funk Fusion</b> 6:00-6:50 Ages 6-9			
<b>Ballet</b> 7:00-7:50 Ages 8-12		<b>Funk Fusion</b> 7:00-7:50 Ages 10-14			
<b>Volleyball Practice</b> 7:30-8:30 Ages 13-15		<b>Kindness Rocks</b> 4:45-5:15 All Ages			
<b>Healthy Texas Week May 7th-13th</b>					
<b>Summer Sports Now Open for Registration:</b>					
<ul style="list-style-type: none"> <li>• Soccer</li> <li>• Track</li> </ul>					

Youth and Family classes are offered on a monthly basis. For all free or fee based programs, you must register for the class every month. Class registration will open the first week of each month prior to class starting.

**For additional information, please contact Eric Doll, Youth & Family Director at  
Eric.Doll@austinyymca.org or 512-321-9622**



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## YOUTH & FAMILY CLASS DESCRIPTIONS

**Community Art Days**– Every 1st and 3rd Monday of the month we'll be hosting a 45-minute opportunity for members of the Bastrop Y to come in and paint! This program is FREE for YMCA members! This class requires no registration, members can simply walk in and paint away!

**\*Volleyball** – Designed to teach the fundamentals of volleyball in a fun and supportive atmosphere, as well as instilling the importance of sportsmanship, cooperation, and teamwork in competition. Location: Bastrop Middle School gym (725 Old Austin Hwy) 1st Practice is Monday, April 9th –Teams coached by volunteers –Team jerseys provided for each participant prior to beginning of the season –Participants responsible for shorts, necessary protective gear and athletic shoes –Game locations alternate between the BMS gym and the East Communities YMCA (5315 Ed Bluestein Austin, TX 78723) Days and times subject to change.

**\* Ballet** – This class will introduce your dancer to the basic techniques of ballet. They will increase their creativity, coordination and confidence. Ballet shoes are required but, otherwise, come as you are. A recital will be held at the end of the 6 week session. Location: Bastrop Intermediate School 509 Old Austin Hwy

**\* ASL Level 2** –This is a six week course that will meet once a week for six weeks. Each class will introduce new signs and introduce a piece of deaf culture. The students will be given handouts and resources to practice at home. This course is designed for children who have already taken ASL Level 1. Class will be held at 1112 Main street.

**Homeschool P.E.**–The Bastrop YMCA is offering a physical education program for school age kids from 1st–6th grades. No need to pre-register, walk-ins welcome! Homeschool P.E. classes will be at the Kerr Community Center located at 1308 Walnut Street. Classes are FREE for members and \$5.00 per class for non-members.

**\*Art and Homeschool Art** –During the 4 week Homeschool Art Program participants will have a blast working with terra-cotta clay, chalk pastels, different types of paints and more! Class is held at the Bastrop YMCA, 1112 Main St.

**\*Funk Fusion** –This class is a fun blend of hip hop and jazz dance techniques. We will explore creative body movement as well as, popular dances throughout the decades. Comfortable clothes, sneakers and a smile are all they need. Come ready to have fun and get funky! A recital will be held at the end of the 6 week session. Location: Bastrop Intermediate School 509 Old Austin Hwy.

**Kids Dance Fit** –Kids Dance Fit is a dance fitness class designed just for kids! This program features age-appropriate music and moves that get kids moving to the beat. Registration is NOT required. Class is FREE to members; \$5/class for non-members. Non-members may pay by credit card online (print and bring receipt for each class) or with exact change or check on-site. Members, please bring your key fob to be scanned. Location: Kerr Center, 1308 Walnut, Bastrop

**\*Soccer**– Designed to teach the fundamentals of soccer in a fun, non-competitive atmosphere, as well as instilling the importance of sportsmanship, cooperation, and teamwork in each participant. Teams coached by volunteers. Team Jerseys provided for each participant prior to beginning of the season or on 1st day of games Participants responsible for any color shorts, pants and athletic shoes and shin guards Long socks over shin guards required at games and practice No metal cleats No jewelry Location: Bob Bryant Park – 600 Charles Blvd.

**\*Parents Night Out**–April's theme is Terracotta Clay Crafts! A dinner and dessert will be provided. Drop off is at 5:30 PM at Bastrop Church of Christ. ALL CHILDREN MUST BE PICKED UP BY 9:30 PM Location: Bastrop Church of Christ 287 FM 20 \*\*Parents Night Out is the 3rd Saturday of each month!!

**Kindness Rocks** –The Kindness Rock Project Let's spread positivity in our community! The Kindness Rock Project is an effort to spread good vibes by painting rocks with positive message and pictures for others to find! Think this is something your family would enjoy? Stop by our office on Wednesdays from 4:45–5:15pm for this FREE activity. Just bring your rock and a message, we provide the rest! \*No Registration Required! Program Starts Sept. 6th Location: YMCA Main Street Office (1112 Main Street)

**\*The Quick Cook**– The Quick Cook is a 4-week 1.5 hour per class cooking and kitchen skills demonstration and nutrition education program that focuses on saving time shopping, cooking, and storing food. Participants receive recipes and handouts throughout this interactive program. Kids 14 years or older may join with a parent also participating. Location: Bastrop