



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JULY

YOUTH & FAMILY

BASTROP YMCA SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Worlds of Words 1:00-2:30pm Ages 5-12 Main Street Office Every Monday	River Adventure 9:30-11:30am Ages 11-15 Bob Bryant Park Dock July 10th	FREE HUGS DAY July 11	Kids Dance Fit 4:15-5:00pm Ages 4-11 Kerr Center Every Thursday FREE for Members	Adventure Hikes 8:30-10:30am All Ages Bastrop State Park 7/6, 7/20	Youth Track Meet 9:00-10:30am Ages 6-15 Bastrop High School 7/21 to 8/25
Take Home Craft 4:15-5:00pm Main Street Office 1st & 3rd Mondays of the month FREE to all	ASL Level 1 & 2 Youth and Adult 1:30-2:30pm-Child 2:45-3:45pm-Adult Ages 5-12 & 13 and up 1st Session 6/5 to 7/10 2nd Session 7/24 to 8/21	Homeschool P.E. 10-10:50am Ages 5-12 Fisherman's Park Every Wednesday FREE for Members	Soccer Practice 5:30-6:20pm Ages 4-12 Bob Bryant Park 6/14 to 7/5	Storytime 12:15-1:15pm Ages 2-5 Main Street Office Free to all Every Friday	Soccer Game TBD Ages 4-12 Bob Bryant Park 6/16 to 7/7
	Art Mini Sessions 1:00-2:30pm and 3:00-4:30pm Ages 5-8 & 9-12 July Sessions (10th & 11th) (24th & 25th)		Youth Track Practice 6:00-7:00pm Ages 6-15 Bastrop High School 7/19 to 8/23		Parents Night Out 5:30-9:30pm Ages 4-12 3rd Saturday of the month Bastrop Church of Christ
	Dance Mini Camps: Ballet and Funk Fusion 5:30-7:30pm Bastrop Intermediate School Ages 5-10 (Ballet) 7/17 to 7/19 Ages 6-12 (Funk Fusion) 7/24 to 7/26				
	Monkey Moves Crew 9am-9:50 Kerr Center Ages 3-6 FREE to Members	Kindness Rocks 4:45-5:15pm Main Street Office Every Wednesday FREE to all	Groovy Crew 9am-9:50 Kerr Center Ages 6-12 FREE to Members		
		Science Explorers 12:00-1:00pm Ages 6-12 Main Street Office Fire & Ice-7/11			
Flick `N Float July 21st, 8pm @ the pool FREE to members				July Swim Lessons Now Available for Registration: Please Call us at 512-321-9622 or visit us at BastropYMCA.org to register!	

Youth and Family classes are offered on a monthly basis. For all free or fee based programs, you must register unless otherwise specified.

**For additional information, please contact the Bastrop YMCA at
Welcome.Staff@austinyymca.org or 512-321-9622**



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YOUTH & FAMILY CLASS DESCRIPTIONS

***Adventure Hike**– Join us on an adventurous hike at Bastrop State Park. The hike is approximately one mile and an interpreter from the State Park will provide participants with information of plant and animal life throughout the hike. After the hike we will have a picnic, playground time, and organized activities. *Wear closed-toe shoes, bring a brown bag snack or light lunch, and water bottle. Location: Entrance Bastrop State Park Pool

***Art Mini Sessions** –Each mini session is two days of fun exploring specific topic. Location: Main ST. Office.

***ASL Levels 1&2** –This is a six week course that will meet once a week for six weeks. Each class will introduce new signs and introduce a piece of deaf culture. The students will be given handouts and resources to practice at home. Location: Main St. Office

***Ballet Mini Camp** – This class will introduce your dancer to the basic techniques of ballet. They will increase their creativity, coordination and confidence. Ballet shoes are required but, otherwise, come as you are. A recital will be held at the end of the 6 week session. Location: Bastrop Intermediate School

***Funk Fusion Mini Camp**–This class is a blend of hip hop and jazz dance techniques. We will explore creative body movement as well as, popular dances throughout the decades. Comfortable clothes, sneakers and a smile are all they need. A recital will be held at the end of the 6 week session. Location: Bastrop Intermediate School

Homeschool P.E.–The Bastrop YMCA is offering a physical education program for school age kids from 1st-6th grades. No need to pre-register, walk-ins welcome! Classes are FREE for members and \$5.00 per class for non-members. Location: Fisherman's Park

Kids Dance Fit –This program features age-appropriate music and moves that get kids moving to the beat. Registration is NOT required. Class is FREE to members; \$5/class for non-members. Non-members may pay by credit card online (print and bring receipt) Location: Kerr Center

Kindness Rocks –The Kindness Rock Project is an effort to spread good vibes by painting rocks with positive message and pictures for others to find! Think this is something your family would enjoy? Stop by our office on Wednesdays from 4:45-5:15pm for this FREE activity. *No Registration Required! Location: Main St. Office

***Parents Night Out**– A dinner and dessert will be provided. Drop off is at 5:30 PM. ALL CHILDREN MUST BE PICKED UP BY 9:30 PM **Parents Night Out is the 3rd Saturday of each month!! Location: Bastrop Church of Christ 287 FM 20

***River Adventure**–Join as we partner with the Bastrop River Company for a River Adventure on the Colorado! We will meet up at the Bob Bryant Park boat dock. Each participant will be given instruction on water safety, how to use a kayak and instruction on how to maneuver the river. The group will "ride" the river from there to The Bastrop River Co. Dock where additional water transportation will be introduced. Lifeguard will be on site.

***Science Explorers**– Introduce your child to the world of science with our monthly Science Explorers classes. In July we will kick things off with the Summer of Slime. Location: Main St. Office

***Soccer Mini League**– Designed to teach the fundamentals of soccer in a fun, non-competitive atmosphere, as well as instilling the importance of sportsmanship, cooperation, and teamwork in each participant. Teams coached by volunteers. Jersey provided. Participants responsible for any color shorts, pants and athletic shoes and shin guards Long socks over shin guards required at games and practice No metal cleats No jewelry Location: Bob Bryant Park

Story Time– Starting on June 8th, every Friday from 12:15-1:15 the YMCA will be hosting a story time out in the community garden (weather permitting). Bring a lunch and listen to fun summer stories read aloud. We will be reading short stories from children's books geared towards a younger audience but all are welcome to join. Location: Main St. Office

Take Home Craft– Every 1st and 3rd Monday of the month we'll be hosting a 45-minute opportunity for members of the Bastrop Y to come in and make a craft! This program is FREE for Everyone! This class requires no registration, members can simply walk in and get crafting! Location: Main St. Office

***Youth Track**– This league is designed to teach the basics of correct running techniques in a team environment. Practice. First Practice will be Thursday, July 19th. Jerseys provided by YMCA. No requirements other than good running shoes and athletic shorts. Depending on enrollment, track teams may run in inter-branch meets. Location: Earhart Field

***Worlds of Words**–World of Words is a class for kids ages 5-12 to explore the more whimsical and fun forms of writing. This class will be held every Monday from June 11th to August 13th. Each class is a stand alone and you can sign up at the door. Location: Main St. Office

*** Registration is required for all programs marked with an asterisk***

Locations:

Main St. Office– 1112 Main St.

Kerr Center– 1308 Walnut St.

Bastrop Church of Christ– 287 FM 20

Bastrop Intermediate School– 509 Old Austin Hwy