



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AUGUST

YOUTH & FAMILY

BASTROP YMCA SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Worlds of Words 1:00–2:30pm Ages 10 and up Main Street Office Each Monday from Aug 6th	River Adventure 9:30–11:30am Ages 11–15 Bob Bryant Park Dock Aug 7th	Science Explorers 12:00–1:00pm Ages 6–12 Main Street Office Tasty Treats Aug 8	Kids Dance Fit 4:15–5:00pm Ages 4–11 Kerr Center Every Thursday FREE for Members	Adventure Hikes 8:30–10:30am All Ages Bastrop State Park Aug 3	Youth Track Meet 9:00–10:30am Ages 6–15 Bastrop High School
Take Home Craft 3:00–4:00pm Main Street Office Aug. 13th FREE to all	ASL Level 2 Youth and Adult 1:30–2:30pm–Child Ages 5–12 7/24 to 8/21	Homeschool P.E. 10–11am Ages 5–12 Fisherman’s Park Every Wednesday FREE for Members	Youth Track Practice 6:00–7:00pm Ages 6–15 Bastrop High School	Splash Bash 7:30–9:30pm Ages 11–16 Bastrop State Park Pool Aug 10	Parents Night Out 5:30–8:30pm Ages 4–12 Aug. 11 1112 Main St
	Art Mini Sessions 1:00–2:30pm and 3:00–4:30pm Ages 5–8 & 9–12 August Sessions (7/31 & 8/1) (8/7&8/8)		End of Summer Slime Party 6pm–7pm Ages 5–12 Aug 9		
	Art of Cooking 11am—1pm Ages 12–17 Producers Market Kitchen Aug 7	Kindness Rocks 4:45–5:15pm FREE to all Main Street Office Every Wednesday			
Ice Cream Social 8/6/18 3pm Bastrop State Park Pool FREE to Members					

Youth and Family classes are offered on a monthly basis. For all free or fee based programs, you must register unless otherwise specified. Class registration will open in May.

**For additional information, please contact the Bastrop YMCA at
Welcome.Staff@austinyymca.org or 512-321-9622**



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YOUTH & FAMILY CLASS DESCRIPTIONS

***Adventure Hike**—Join us on an adventurous hike at Bastrop State Park. The hike is approximately one mile and an interpreter from the State Park will provide participants with information of plant and animal life throughout the hike. After the hike we will have a picnic, playground time, and organized activities. *Wear closed-toe shoes, bring a brown bag snack or light lunch, and water bottle. We will meet at the entrance to the Bastrop State Park Pool.

***Art of Cooking**—Students, 12-17 will learn simple tips and tricks to feeding our bodies well while enjoying delicious food. Mom and Dad! Send the teens and let them learn to cook for you! Come for the hands on fun, stay for the food. Topic: Power Breakfasts to Fuel Your School days: Set yourself up for a great school year. Come learn some delicious breakfast options that can help give you better focus and concentration, and energy to get through the day. Class will be held in The kitchen of the Produce Market 977 Hwy 71

***Art Mini Sessions**—Each mini session is two days of fun exploring specific topic. Class is held at the Bastrop YMCA, 1112 Main St.

***ASL Levels 1&2**—This is a six week course that will meet once a week for six weeks. Each class will introduce new signs and introduce a piece of deaf culture. The students will be given handouts and resources to practice at home. Class will be held at 1112 Main street.

***End of Summer Slime Party**—Join us as we end the Summer with SLIME! We will be making an edible slime and kids choice slime. All you slime connoisseurs join in for the last slime class of the Summer! Location: Main St. Office \$10-Members \$15-NonMembers

Homeschool P.E.—The Bastrop YMCA is offering a physical education program for school age kids from 1st-6th grades. No need to pre-register, walk-ins welcome! Homeschool P.E. classes will be at Fisherman's Park. Classes are FREE for members and \$5.00 per class for non-members.

Kids Dance Fit—This program features age-appropriate music and moves that get kids moving to the beat. Registration is NOT required. Class is FREE to members; \$5/class for non-members. Non-members may pay by credit card online (print and bring receipt for each class) or with exact change or check on-site. Members, please bring your key fob to be scanned. Location: Kerr Center, 1308 Walnut, Bastrop

Kindness Rocks—The Kindness Rock Project is an effort to spread good vibes by painting rocks with positive message and pictures for others to find! Think this is something your family would enjoy? Stop by our office on Wednesdays from 4:45-5:15pm for this FREE activity. *No Registration Required! Location: YMCA Main Street Office: 1112 Main Street

***Parents Night Out**— This month theme is ART! A dinner and dessert will be provided. Drop off is at 5:30 PM at Bastrop Church of Christ. ALL CHILDREN MUST BE PICKED UP BY 9:30 PM Location: Bastrop Church of Christ 287 FM 20 **Parents Night Out is the 3rd Saturday of each month!!

***River Adventure**—Join as we partner with the Bastrop River Company for a River Adventure on the Colorado! We will meet up at the Bob Bryant Park boat dock. Each participant will be given instruction on water safety, how to use a kayak and instruction on how to maneuver the river. The group will "ride" the river from there to Fisherman's Park where additional water transportation will be introduced. Lifeguard will be on site. Pick up is at the Bastrop River Company.

***Science Explorers**— Introduce your child to the world of science with our monthly Science Explorers classes. In August the theme is Tasty Treats! Classes will be held at 1112 Main Street.

***Splash Bash**— Are you between the ages of 11-15 and looking for a FUN, safe place to hang out with your friends on a Friday evening? The Bastrop Y is the place! Join in on fun as we open up the pool at the Bastrop State Park after hours. The Bastrop YMCA will be providing food, drinks, fun activities and swimming! Location: Bastrop State Park Pool Register Today!

Take Home Craft— Aug. 13 we'll be hosting a 45-minute opportunity for members of the Bastrop Y to come in and make a craft! This program is FREE for Everyone! This class requires no registration, members can simply walk in and get crafting!

***Youth Track**— required registration in July. Location: Earhart Field *Practice and Track Meets time subject to change - Bastrop High School track 1600 Hill St.

***Worlds of Words**—World of Words is a class for kids ages 5-12 to explore the more whimsical and fun forms of writing. This class will be held every Monday from June 11th to August 13th. Each class is a stand alone and you can sign up at the door. Classes held at 1112 Main street.

*** Registration is required for all programs marked with an asterisk***