GIVE A LITTLE...
GET A LOT

Volunteerism
TOWNLAKE YMCA

What We’re For
We are a dynamic association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility. We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. That’s why, at the Y, strengthening community is our cause and our programs are always based on the needs and interests of our communities.

The Y is dedicated to building programs for youth development, for healthy living and for social responsibility that promote strong families, character values, youth leadership, community development and international understanding. The Y makes accessible the support and opportunities that empower people and communities to learn, grow and thrive by providing supportive and inclusive environments that nurture the potential of every youth and teen, improves the nation’s health and well-being and provides opportunities to give back and support neighbors.

Why Volunteer at the Y
Social Responsibility is one of the three focus areas of the YMCA of Austin. Generosity toward others is at the core of the Y’s existence. It is through the support of our volunteers, that the YMCA of Austin is able to give back to the community. When you are involved with the YMCA of Austin, you have the opportunity to bring lasting personal and social change to others.

Becoming a Volunteer
If you’re interested in becoming a volunteer at the TownLake YMCA, the process is simple. In this packet you will find a list of current volunteer opportunities. All of these opportunities are ideal for volunteers who are looking for a recurring commitment. One-day volunteer opportunities are available for special events and can be found on our website. Once you’ve found an opportunity, complete the Volunteer Application and Consent for Criminal Background Check. Submit your paperwork to Megan Aldana via e-mail, megan.aldana@austinymca.org or fax to 512.476.3548. We’ll contact you to schedule your 1-hour Volunteer Orientation, and you can begin your journey.

Step 1: Complete Volunteer Application and Consent for Criminal Background Check
Step 2: Submit paperwork to Megan Aldana
Step 3: Consider possible volunteer jobs that meet your needs and skills
Step 4: Schedule and attend Volunteer Orientation
Step 5: Begin volunteering!
MEMBERSHIP

Tour Ambassador
We need positive, outgoing individuals to greet people coming in and give tours. This will also be a great opportunity for people who are new to Austin and looking to make connections within the community.

RESPONSIBILITIES:
• Give tours to new and potential members
• Greet members and guests as they enter the facility
• When not giving tours, work with Welcome Center staff to monitor member and guest check-in

KEY SKILLS & ABILITIES:
• Must be able to engage with members
• Communicate the Y cause & focus areas
• Friendly, outgoing, caring

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected

HOURS: Mon.-Thurs. 5-8pm, Sat. 9am-1pm, shifts are flexible

Membership Caller
We need positive, outgoing individuals to call our Members to provide facility updates, offer encouragement, and collect updated information. Callers will be given a list of members to complete during their shift; calls will vary depending on day.

RESPONSIBILITIES:
• Make phone calls to members as assigned by Membership Coordinator
• Facilitate follow-through for any members with unresolved issues

KEY SKILLS & ABILITIES:
• Must be able to communicate and engage with members
• Phone and administrative skills
• Experience with Microsoft Office and/or GoogleDocs

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected

HOURS: Mon.-Fri. 8am-11am, Sat. 9am-2pm, Sun. 2-4pm, shifts are flexible

VOLUNTEER JOB DESCRIPTIONS

Lobby Engagement Attendant
Our lobby provides a comforting space to more than 2,000 members and guests per day. Help us keep this area in order by using your attentive eye.

RESPONSIBILITIES:
• Brew and maintain complimentary coffee area
• Straighten lobby furniture
• Attend to any spills/messes on lobby furniture
• Sweep and spot clean lobby floors
• Engage members, offer directions or support to persons who appear to be confused

KEY SKILLS & ABILITIES:
• Must be able to communicate and engage with members
• Strong attention to detail
• Eye for cleanliness and order

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected

HOURS: Mon.-Fri. 8am-5pm, shifts flexible

Andy’s Activity Buddy
Spend time completing activities with our Executive Director of Hugs, Andy Casteel. Andy has been coming to the TownLake YMCA for eight years. Prior to renovation Andy folded clean laundry; he is now looking for a friend interested in supporting him in his role. He enjoys: coloring pages, practicing cursive and math, walks outside, exercising, and cleaning. Andy’s buddy will provide support and encouragement for him in completing these tasks.

RESPONSIBILITIES:
• Assist Andy with activities while encouraging him to try new things
• Ensure that Andy follows through on activities he commits to doing
• Provide love, support, and patience
KEY SKILLS & ABILITIES:
• Must be patient, kind, and helpful
• Previous experience working with adults with special needs a plus
• Flexibility to meet in the middle or work with sudden changes
• Skilled in positive redirection

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation
• Child Abuse Prevention Training

VOLUNTEER LEVEL: Connected
HOURS: Mon.-Fri. 8am-5pm

YOUTH DEVELOPMENT
Youth/Teen Program Lead
Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals. We see hundreds of kids per day and need volunteer help in our youth programs.

RESPONSIBILITIES:
• Assist in program lead with class structure
• Be a runner between staff in different parts of the room
• Clean the area to assure kids are in a safe environment
• Assist staff in regular duties needed
• Interacting with children

KEY SKILLS & ABILITIES:
• Must have experience working with children and know how to speak with children
• Turn in all necessary paperwork to the YMCA before you begin (volunteer form, background check authorization, child abuse prevention form)
• Must have patience and clear communication

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation
• Child Abuse Prevention Training

VOLUNTEER LEVEL: Connected, AVAILABLE
HOURS

Adventure Guide Specialist
Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals. This person would be assisting the adventure guide camping program and bring their knowledge of nature hikes and activities to

Volunteer Surveyor & Story Catcher
In order to create a warm, connected atmosphere, we are looking for Volunteer Surveyors to poll members. Surveys will be related to facility operations, new programming, existing programming, and general feelings toward the YMCA. This person will approach members in the Lobby for a brief (less than 5-minute) survey. When not completing surveys, this person will engage members to learn their story. Stories will be recorded to be used as part of the TownLake Y yearbook.

RESPONSIBILITIES:
• Collect surveys by interviewing members
• Report feedback to Membership team
• Collect member stories and develop a coherent narrative

KEY SKILLS & ABILITIES:
• Must be able to communicate and engage with members
• Must be organized
• Previous writing/media experience a plus

Requirements:
• YMCA of Austin Volunteer Application
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected
HOURS: Mon.-Fri. 9am-12pm & 1-3pm, shifts flexible
help benefit the families in the program

RESPONSIBILITIES:
- Assisting directors with high level activities to do outdoors
- Helping director with stories and fire creations for ceremonies
- Making sure families are having fun

KEY SKILLS & ABILITIES:
- Must be able to communicate and engage with members
- Turn in all necessary paperwork to the YMCA before you begin (volunteer form, background check authorization, child abuse prevention form)
- Must provide own camping equipment and food and transportation. YMCA will provide camping site and entry fees to park

REQUIREMENTS:
- YMCA of Austin Volunteer Application
- Criminal Background Check
- Completion of 1-hour Volunteer Orientation
- Child Abuse Prevention Training

VOLUNTEER LEVEL: Connected, AVAILABLE HOURS

Childwatch Support
Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals. Do you love interacting with children and holding infants and helping develop our youth? We see over 100 kids per day and need volunteer help.

RESPONSIBILITIES:
- Assist in holding babies when needed
- Be a runner between staff in different parts of the room
- Clean the area to assure kids are in a safe environment
- Assist staff in regular duties needed
- Interacting with children

KEY SKILLS & ABILITIES:
- Must have experience holding babies and know how to speak with children
- Turn in all necessary paperwork to the YMCA before you begin (volunteer form, background check authorization, child abuse prevention form)
- Must have patience and clear communication

REQUIREMENTS:
- YMCA of Austin Volunteer Application
- Criminal Background Check
- Completion of 1-hour Volunteer Orientation
- Child Abuse Prevention Training

VOLUNTEER LEVEL: Connected, AVAILABLE HOURS

Program Support Caller
Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals. This person would be communicating with participants registered for our programs at TownLake.

RESPONSIBILITIES:
- Assisting directors with main communication to members
- Helping parents with questions about the programs.
- Making sure parents and participants know where they will be going at the beginning of their class and what to expect.

KEY SKILLS & ABILITIES:
- Must be able to communicate and engage with members
- Turn in all necessary paperwork to the YMCA before you begin (volunteer form, background check authorization, child abuse prevention form)

REQUIREMENTS:
- YMCA of Austin Volunteer Application
- Criminal Background Check

Culture Guide
Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals. This person would be leading a monthly seminar on background of their culture, with food dishes, activities, games and more.
RESPONSIBILITIES:
• Leading an activity for families
• Creating a plan for the event
• Teaching members about your culture

KEY SKILLS & ABILITIES:
• Must be able to communicate and engage with members and YMCA directors about plan
• Must have knowledge in background of specific culture

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation
• Child Abuse Prevention Training

VOLUNTEER LEVEL: Connected, AVAILABLE

HOURS

Saturday Sports Assistant
Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices, and the pursuit of higher education and goals.

This person would be a runner to help communicate with sports parents at the front desk. They would be in charge of basic information of games, locations, schedules, rosters and more. This person would also be working with sports coaches during the weekly practices, helping with practice ideas and assisting the coach in drills/scrimmages.

RESPONSIBILITIES:
• Assisting new coaches with practices during the week
• Helping front desk with questions regarding sports locations and schedules.

KEY SKILLS & ABILITIES:
• Must be able to communicate and engage with members

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation
• Child Abuse Prevention Training

VOLUNTEER LEVEL: Connected, AVAILABLE

HOURS

HEALTH & WELLNESS

Special Needs Attendant
This volunteer position focuses being a fitness center team member who can answer basic questions about the fitness center guidelines, how to use equipment properly, and working directly with some of the special needs group’s within our community. Primary special needs group may consist of: students from Texas School for the Deaf, visually-impaired
members, or members with physical limitations.

RESPONSIBILITIES:
• Volunteer must provide a positive experience for all members and participants of the YMCA community

KEY SKILLS & ABILITIES:
• Ample knowledge of fitness equipment and guidelines (training available)
• Great Customer Service Skills
• Friendly and approachable
• Able to work in fast-paced environment

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected, AVAILABLE HOURS

Group Exercise Supporter
YMCA volunteer will work alongside the Group Exercise instructors to provide: 1) class support by spotting class participants in exercise class techniques and 2) surveying members for feedback of the class experience and instructor.

RESPONSIBILITIES:

KEY SKILLS & ABILITIES:
• Knowledge of Group Exercise guidelines
• Must be able to communicate with and engage members
• Friendly and approachable
• Able to work in a fast-paced environment

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected, AVAILABLE HOURS

Equipment Troubleshooter
This is a YMCA volunteer position that involves basic troubleshooting of cardio and fitness center equipment. A trained volunteer position, the volunteer would learn some technical skills of how to repair, troubleshoot, or replace minor parts on equipment.

RESPONSIBILITIES:

KEY SKILLS & ABILITIES:
• Technical and analytical skills; related to fitness equipment
• Basic computer and diagnostic skills
• Ability to work with small tools

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation
• CPR and Basic First Aid Certification

HEALTHY LIVING

Healthy Living Program Facilitator
Provide support and guidance to participants and implement standard curriculum designed for the program.

RESPONSIBILITIES:
• Deliver curriculum to class participants in effective, meaningful and compelling ways.
• Encourage group participation and interaction through the use of open-ended questions.
• Facilitate commitment and retention of participants.
• Create a motivating environment that is friendly and non-competitive.
• Foster relationships with and between participants.
• Make learning a shared responsibility for the group.
• Prepare before each class and arrive on time.
• Provide accessibility to participants both before and after sessions to answer questions and follow-up on any questions you cannot answer during class time.
• Record necessary data for desired program outcomes.

KEY SKILLS & ABILITIES:
• Must be committed to and supportive of the Y mission with an emphasis on support to health seekers.
• Must have strong communication and relationship building skills, the ability build community within a group, willingness to travel within the community to deliver the program where it is needed, passionate and interested in this work, flexible schedule to accommodate the class times and needs of the participants and have empathy for health seekers.
• Must be flexible to work with a wide variety of people. Knowledge of basic health, nutrition, and
fitness is encouraged. An understanding of behavior change required.

- Familiarity and proficiency with Listen First or motivational interviewing highly encouraged.

**REQUIREMENTS:**
- YMCA of Austin Volunteer Application
- Criminal Background Check
- Completion of 1-hour Volunteer Orientation

**VOLUNTEER LEVEL:** Connected, AVAILABLE HOURS

**Healthy Living Educator**
Promote, maintain, and improve individual and community health by assisting individuals and communities to adopt healthy behaviors.

**RESPONSIBILITIES:**
- State measurable objectives that describe what the volunteer will be required to accomplish.
- Provide relevant health education during speaker series.
- Assist with recruitment of attendees.
- Provide handouts/literature relating to health topic.

**KEY SKILLS AND ABILITIES:**
- Must be content expert with strong passion for healthy living and disease prevention. Great presentation skills and also enjoys teaching, demonstrating and working with a variety of people.
- We’re looking for a comprehensive team of healthcare speakers comprised of today’s top medical, healthcare, wellness and lifestyle experts, well versed in a broad spectrum of healthcare topics including: stress management, healthy aging, work-life balance, sexuality, care for caregivers, mind/body/spirit awareness, weight-loss, exercise and nutrition.

**REQUIREMENTS:**
- YMCA of Austin Volunteer Application
- Criminal Background Check
- Completion of 1-hour Volunteer Orientation

**VOLUNTEER LEVEL:** Connected, AVAILABLE HOURS

**Swim Lesson Assistant**
Swim Lesson Assistants serve as an extension of the swim instructor while in the water. This includes helping the instructor prepare for class, through duties such as getting equipment and preparing lesson plans. Other duties of the swim lesson assistant include filling out rosters and progress cards, as well as interacting with parents. Swim Lesson Assistants may take an active role during swim lessons by interacting and working with the children.

**RESPONSIBILITIES:**
- Maintain a positive and safe learning environment for swim lesson participants
- Assist swim lesson instructor with the lesson
- Assist swim instructor with lesson plans, rosters, progress cards, and putting equipment away at the end of classes
- Interact with parents

**KEY SKILLS & ABILITIES:**
- Must work well with children

**REQUIREMENTS:**
- YMCA of Austin Volunteer Application
- Criminal Background Check
- Completion of 1-hour Volunteer Orientation
- YISA (YMCA Instructor Safety Assistant) Certification
- CPR Pro, Basic First Aid and Emergency Oxygen Administration Certifications
- Child Abuse Prevention Training

**VOLUNTEER LEVEL:** Connected, AVAILABLE HOURS

**Water Safety Educator**
Water Safety Educators help teach the community about safe practices in and around aquatic environments. They will educate individuals on the importance of swim lessons, as well as basic water safety principles. This includes talking to parents, kids, and speaking at schools or youth groups.

**RESPONSIBILITIES:**
- Go to identified community groups and address related information
- Explain YMCA Swim Lessons and help facilitate enrollment

**KEY SKILLS & ABILITIES:**
- Have a basic understanding of water safety principles
- Must interact well with children as well as adults

**REQUIREMENTS:**
- YMCA of Austin Volunteer Application
- Criminal Background Check
Swim Lesson Greeter
Swim Lessons Greeters act as liaisons between swim lesson participants and aquatics staff, particularly on the first day of swim lessons. Greeters will be responsible for directing parents and children to their lessons, as well as their swim instructor. Additionally, greeters can help answer questions and will help maintain a friendly and welcoming environment.

RESPONSIBILITIES:
- Greet parents and children and direct them to bleachers on the first day of swim lessons
- Have a basic understanding of YMCA Swim Lesson levels and where each class will meet in the pool
- Be able to answer questions pertaining to swim lessons, pool rules, and location of classes

KEY SKILLS & ABILITIES:
- Must have a friendly and outgoing demeanor
- Knowledge of YMCA Swim Lesson Levels

REQUIREMENTS:
- YMCA of Austin Volunteer Application
- Criminal Background Check
- Completion of 1-hour Volunteer Orientation
- Child Abuse Prevention Training

FOREIGN LANGUAGE TRANSLATION
Assist the TownLake Y in proofreading, editing, and revising translated materials into Spanish.

RESPONSIBILITIES:
- Check original texts or confer with staff to ensure that translations retain the content, meaning, and feeling of the original material
- Check translations of technical terms and terminology to ensure that they are accurate and remain consistent throughout translation revisions.
- Compile terminology and information to be used in translations, including technical terms such as those for legal or medical material
• Ensure translated materials communicate to intended audience in meaningful and effective way

KEY SKILLS & ABILITIES:
• Ability to work with a diverse group of members, staff, and volunteers
• Knowledge of the structure and content of the Spanish language including the meaning and spelling of words, rules of composition and grammar, and pronunciation
• Knowledge of the structure and content of the English language including the meaning and spelling of words, rules of composition, and grammar
• Knowledge of media production, communication, and dissemination techniques and methods. This includes alternative ways to inform and entertain via written, oral, and visual media

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected, AVAILABLE HOURS

Community Service Restitution
Those looking to fulfill community service as ordered by the school or court system can participate in the CSR volunteer program. Shifts are available Monday through Friday 8am–12pm, 12pm–4pm, or 6pm–10pm. Participants can only work one 4 hours shift per day. They must sign up at least 24 hours in advance by contacting Jason Daniel either by phone or email. We do not accept participants that are trying to fulfill hours for theft or assault charges.

RESPONSIBILITIES:
• Participants will be working in conjunction with our occupancy department and will be assisting in janitorial tasks such as the cleaning of windows, mirrors, fitness equipment, vacuuming, sweeping, etc...
• Participants must sign the CSR volunteer hours binder and check out at the designated time with the assigned supervisor.
• Participants that are not completing quality work or are ignoring their assigned responsibilities will be asked to leave and will not receive credit for the hours they completed that day.

KEY SKILLS & ABILITIES:
• Must be at least 17 years of age
• Must be able to lift 10 lbs
• Must bring in paperwork from school or court to validate need for community service

REQUIREMENTS:
• YMCA of Austin Volunteer Application
• Criminal Background Check
• Completion of 1-hour Volunteer Orientation

VOLUNTEER LEVEL: Connected, AVAILABLE HOURS

VOLUNTEER LEVEL DESCRIPTION
Basic: One-day, special event volunteers
Connected: Recurring volunteers at the YMCA
Volunteer Corp: Recurring volunteers at the YMCA and with outside organizations
Committed: Volunteers to commit to a strong role such as a program lead for a certain amount of time

VOLUNTEERING FAQ’S
What are the expectations of volunteers?
What is the time commitment?
What should I wear?
YMCA OF AUSTIN Volunteer Application

Date: ____________ Position Desired: ___________________________ Preferred YMCA Location: ________________
Name: __________________________ Telephone: _________
Address: __________________________ City: __________________________
State: __________________________ Zip Code: _________ Emergency Contact: __________________________

Current Occupation: __________________________ Employed Since: _______________
Place of Employment: __________________________
Address: __________________________ City: __________________________ State: _________ Zip Code: __________ Phone Number: _______________

Have you ever been convicted of, been adjudicated with regard to (including an adjudication of delinquent conduct), pled guilty to, or pled no contest to a criminal charge, or have you ever received probation or deferred adjudication for a criminal charge? ("Conviction" includes sentenced to confinement, paid fine, served time, placed on probation (including deferred adjudication) and paid court-ordered restitution.) If so, explain below. Note that you will not automatically be disqualified if you answer "yes."

Yes  No
___________________________________________________________________________________________________________________________________________________________________
___________________________________________________________________________________________________________________________________________________________________

If applying as a volunteer coach, how many years of previous experience do you have as a coach or with the sport itself?
___________________________________________________________________________________________________________________________________________________________________
___________________________________________________________________________________________________________________________________________________________________

What do you hope to gain from volunteering?
___________________________________________________________________________________________________________________________________________________________________
___________________________________________________________________________________________________________________________________________________________________

What other organizations have you volunteered with (if any)?
___________________________________________________________________________________________________________________________________________________________________
___________________________________________________________________________________________________________________________________________________________________

References: Please list names, occupation and telephone numbers for 2 people who know you sufficiently well to provide a reference. References will be contacted.

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<thead>
<tr>
<th>Name</th>
<th>Occupation</th>
<th>Phone Number</th>
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If applying as a volunteer coach, what age group do you prefer to work with: ______________
If applying as a volunteer coach, what areas of coaching do you feel you need training:

( ) Rules
( ) Strategy
( ) Safety
( ) First Aid
( ) CPR
( ) Warm up/physical conditioning
( ) Communication with Parents/Players
( ) Developing sportsmanship
( ) Injury prevention/treatment
( ) Motivating youngsters
( ) Organizing a practice
( ) Other: List________________

I hereby affirm that my answers to the foregoing questions are true and correct and that I have not knowingly withheld any fact or circumstance that would, if disclosed, affect my application unfavorably. I understand that any false information submitted in this application may result in my discharge.

I hereby give my permission for the YMCA of Austin to obtain information, including criminal history. I understand that this information will be used to determine my eligibility as a volunteer for the YMCA of Austin. I also understand that as long as I remain a volunteer, I must report any arrest or citation for criminal or felony activity to a YMCA management staff member.

Printed Name __________________________ Signature __________________________
Volunteer Waiver and Release

I intend and agree to volunteer for the YMCA of Austin. I understand that the nature of volunteer activities that I may perform in my capacity as a volunteer may involve physical activities, contact with unidentified and/or unfamiliar persons, or other potential risk of bodily injury or damage to property. Knowing this and in consideration of being allowed to volunteer, I hereby sign this waiver and release in favor of YMCA of Austin, and it’s officers, directors, employees, agents, sponsors, volunteers, promoters, administrators, successors and assigns (referred to collectively as the "Released Parties"). I hereby release, waive, discharge, covenant not to sue, and agree to indemnify and hold harmless for any and all purposes the Released Parties from any and all liabilities, damages, claims, demands, or injuries, including death, that may be sustained by me resulting from or arising out of my service as a volunteer.

INCLUDING ANY SUCH DAMAGES, CLAIMS, DEMANDS, OR INJURIES, INCLUDING DEATH, CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OR OTHER ACT OR OMISSION OF THE RELEASED PARTIES, OR BY A PRE-EXISTING DEFECT.

I understand that this agreement to indemnify and hold harmless does not apply to injuries cause by intentional or grossly neglected conduct. I understand and agree that this Waiver and Release shall bind my heirs, assigns, successors, and personal representatives, including my spouse and members of my family, and shall be governed by the laws of the State of Texas. I understand that as a volunteer, I may become privy to confidential information about the YMCA of Austin. I agree to maintain the confidentiality of any information marked "confidential" as well as any information about YMCA of Austin’s internal procedures, business operations, personnel information and the like that is not otherwise publicly disclosed by YMCA of Austin. I will not use any confidential information in any manner that would be detrimental to the YMCA of Austin, and I will avoid any actions that might impair the reputation of the YMCA of Austin.

______________________________________________________
Signature of Volunteer                                      Date

______________________________________________________
Printed Name

Parent/Guardian Waiver Completion
Volunteer registration for minors must be completed by a Parent or Legal Guardian. If your age is less than 18 years old, please fill in the Parent/Guardian Contact information below. Providing such information and continuing this process indicates that this registration was completed by the person listed below.

______________________________________________________
Signature of Parent/Guardian                              Date

______________________________________________________
Printed Name of Parent/Guardian

____________________________________  __________________________
Relationship to Volunteer             Contact Phone

Updated 7/2011
Volunteer Code of Ethics

1. Smoking or use of tobacco products in the presence of children is prohibited.

2. Using, possessing, or being under the influence of alcohol or illegal drugs will not be tolerated.

3. Volunteers shall not abuse children including:
   A. Physical Abuse—strike, spank, shake, slap
   B. Verbal Abuse—humiliate, degrade, threaten
   C. Sexual Abuse—including inappropriate touching and exposure
   D. Mental Abuse

4. Volunteers must treat children of all races, religions, and cultures with respect and consideration.

5. Volunteers must use positive techniques of guidance, including positive reinforcement and encouragement rather than competition, comparison, or criticism.

6. Volunteers shall abstain from humiliating or frightening discipline techniques.

7. Volunteers shall not use profanity in the presence of children or parents.

8. Volunteers will refrain from intimate display of affection towards others in the presence of children, parents, other adults or staff members.

9. Monetary and expensive gifts to volunteers are prohibited.

10. Volunteers must be free of physical and psychological conditions that might adversely affect children’s health, including fever or contagious conditions.

11. Volunteers will portray a positive role model for youth by maintaining an attitude of respect, loyalty, patience, integrity, courtesy, tact, and maturity.

12. Volunteers will avoid being put in a situation where they are alone with a YMCA child other than their own.

13. Caring for a YMCA child during a one-on-one basis such as baby-sitting is prohibited unless the child is the volunteer’s own child.

14. Volunteers will not fraternize with YMCA youth participants away from the YMCA. However, if Y volunteers have children that have YMCA participants as friends, the Y volunteer must obtain permission from the YMCA youth participants’ parents to fraternize with their children. If the YMCA learns of a violation of this policy, the violation may be grounds for removal as a volunteer.

15. Texas State laws require that all citizens report any suspected abuse or neglect of a child to the Texas Dept. of Family and Protective Services and local law enforcement agencies.

16. I understand that as a volunteer for the YMCA, I will be subject to a background check, including criminal history.

17. Understand that any violation of this code may be grounds for removal as a volunteer.

__________________________________________________________
Printed Name

__________________________________________________________
Signature

Updated 7/2011