Swim Lesson Schedule

Session 1 M-Th June 5-15	9am	9:50a	10:40a	6pm	6:50p
Water Discovery	✓				
Water Exploration		✓			
Water Acclemation 3-5	✓	✓	✓	✓	✓
Water Movement 3-5	✓		✓	✓	
Water Stamina 3-5		✓			✓
Stroke Introduction 3-5					
Water Acclemation 5-12	✓		✓	✓	✓
Water Movement 5-12	✓		✓	✓	✓
Water Stamina 5-12		✓			
Stroke Introduction 5-12					
Stroke Development 5-12		✓			
13+ Basic					✓
13+ Stroke					

Session 2 M-Th June 19-29	9am	9:50a	10:40a	6pm	6:50p
Water Discovery		✓			
Water Exploration	✓				
Water Acclemation 3-5	✓		✓		✓
Water Movement 3-5		✓		✓	
Water Stamina 3-5				✓	✓
Stroke Introduction 3-5			✓		
Water Acclemation 5-12	✓	✓	✓	✓	✓
Water Movement 5-12	✓		✓	✓	
Water Stamina 5-12		✓			✓
Stroke Introduction 5-12			✓		
Stroke Development 5-12	✓				
13+ Basic		✓			
13+ Stroke					✓

Session 3 M-Th July 3-13 *	9am	9:50a	10:40a	6pm	6:50p
Water Discovery	✓				
Water Exploration		✓			
Water Acclemation 3-5	✓				✓
Water Movement 3-5		✓		✓	✓
Water Stamina 3-5	✓			✓	
Stroke Introduction 3-5					
Water Acclemation 5-12	✓	✓			✓
Water Movement 5-12		✓			✓
Water Stamina 5-12	✓				
Stroke Introduction 5-12		✓			
Stroke Development 5-12					
13+ Basic				✓	
13+ Stroke				✓	

Summer Camp

* Class will not be held on the 4th of July, classes for this session are pro-rated

Session 4 M-Th July 17-27	9am	9:50a	10:40a	6pm	6:50p
Water Discovery			✓		
Water Exploration		✓			
Water Acclemation 3-5	✓	✓		✓	
Water Movement 3-5		✓		✓	
Water Stamina 3-5	✓		✓		✓
Stroke Introduction 3-5			✓		
Water Acclemation 5-12			✓	✓	
Water Movement 5-12	✓			✓	
Water Stamina 5-12	✓	✓			✓
Stroke Introduction 5-12		✓			✓
Stroke Development 5-12					✓
13+ Basic	✓				
13+ Stroke			✓		

Session 5 M-Th July 31- Aug 10	9am	9:50a	10:40a	6pm	6:50p
Water Discovery		✓			
Water Exploration	✓				
Water Acclemation 3-5			✓	✓	
Water Movement 3-5			✓		✓
Water Stamina 3-5			✓		✓
Stroke Introduction 3-5	✓				
Water Acclemation 5-12	✓			✓	
Water Movement 5-12		✓			✓
Water Stamina 5-12			✓		
Stroke Introduction 5-12		✓			
Stroke Development 5-12	✓				
13+ Basic				✓	
13+ Stroke		✓			

Saturdays

	June 3-24		July 8-29		Aug 5-26	
	9am	9:50a	9am	9:50a	9am	9:50a
Water Discovery	✓			✓		
Water Exploration					✓	
Water Acclemation 3-5	✓	✓	✓	✓		
Water Movement 3-5		✓	✓			
Water Stamina 3-5		✓				✓
Stroke Introduction 3-5						✓
Water Acclemation 5-12	✓		✓	✓		
Water Movement 5-12		✓	✓	✓	✓	
Water Stamina 5-12			✓		✓	✓
Stroke Introduction 5-12						
Stroke Development 5-12				✓		
13+ Basic	✓					
13+ Stroke						