

YOUTH AND FAMILY SCHEDULE

AT A GLANCE

SPRING

2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10AM-10:45AM Y Play Fit AGES 3-5 [GYMNASIUM]	9:30AM-11AM It's More than Yoga! AGES 6-13 [COMMUNITY RM]	10:30AM-11:15AM Parent-Child Art AGES 18M-4YRS [COMMUNITY RM]	9AM-11AM Young World Artist AGES 6-12 [COMMUNITY RM]	4:30PM-5:15PM Gymnastics- Level 1 AGES 5-12 [GYMNASIUM]	2:30PM-3:30PM Ballet- Level 1 AGES 4-6 [MIND & BODY]
5:30PM-6:15PM Y Dance AGES 4-12 [COMMUNITY RM]	10AM-10:45AM Y Music & Movement AGES 2-5 [COMMUNITY RM]	5PM-5:45PM Y Play Fit AGES 3-7 [GYMNASIUM]	10AM-10:45AM Y Tiny Tumblers AGES 3-5 [GYMNASIUM]	5:30PM-6:15PM Gymnastics- Level 2 AGES 5-12 [GYMNASIUM]	3:30PM-4:30PM Ballet- Level 1 AGES 4-12 [MIND & BODY]
5PM-5:45PM Stretch & Wellness AGES 7-12 [MIND & BODY]	6PM-7PM Y Adaptive Sports Ages 6&Up [GYMNASIUM]	5PM-5:45PM Jazz Dance AGES 6-12 [MIND & BODY]	5PM-5:45PM Hip Hop- Level 1 AGES 4-11 [MIND & BODY]	5:30PM-6:30PM Recycle & Create AGES 7-12 [COMMUNITY RM]	
	6:30PM-7:30PM Junior Chefs AGES 5-13 [KITCHEN]	7:15PM-8:15PM Tae Kwon Do AGES 8 & UP [MIND & BODY]	6:00PM-6:45PM Y Dance AGES 4-12 [COMMUNITY RM]	7:15PM-8:15PM Tae Kwon Do AGES 8 & UP [MIND & BODY]	

The Spring schedule runs from March 6th through May 26th and is subject to change. **No classes the week of March 13th—18th or May 29th—June 3rd.

Free programs are ongoing through the spring while fee based programs run on a reoccurring 4 week schedule.

Session dates for fee-based programs:

March: March 6th—April 1st **No programs the week of March 13th –18th

April: April 3rd—29th

May: May 1st—27th

“Y” at the beginning of the name indicates that the program is free. Free classes are first come, first serve and are **only open to Y members** unless marked otherwise. Registration is located at the Child Watch desk. Due to limited space we recommend you sign up 10 to 15 minutes before class starts.

Please see our website for full program registration and cancellation policies for our fee-based programs, which require prior registration in order to participate.