



# NORTH AUSTIN YMCA LAP POOL SCHEDULE

## September

**Building Hours**  
 M-Th 5:30am-10pm  
 Fri 5:30am-9:00pm  
 Sat 8am-6pm  
 Sun 1pm-6pm

**Child Watch Hours**  
 M-F (AM) 8am-1pm  
 M-F (PM) 4pm-8:30pm  
 Sat 8am-1pm  
 Sun CLOSED

### Monday

**6am-5pm**  
 Open Swim (1)  
 Lap Swim (3)

**5:00pm-7:15pm**  
 Open Swim (1)  
 Lap Swim (2)  
 Swim Lessons (1)

**7:15pm-8pm**  
 Lap Swim (2)  
 Swim Lessons (2)

**8:00-9:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**Pool Closes at 9:45pm**

### Tuesday

6am-3pm  
 Open Swim (1)  
 Lap Swim (3)

3pm-4pm  
 Open swim (1)  
 Lap Swim (2)  
 Swim League (1)

**5:00-6:00pm**  
 Lap Swim (2)  
 Swim Lessons (2)

**\*No open swim during this time!**

**6:00-8:00pm**  
 Lap Swim (2)  
 Swim League (2)

**8:00-9:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**Pool Closes at 9:45pm**

### Wednesday

6am-5pm  
 Open Swim (1)  
 Lap Swim (3)

**5:00pm-7:15pm**  
 Open Swim (1)  
 Lap Swim (2)  
 Swim Lessons (1)

**7:15pm-8pm**  
 Lap Swim (2)  
 Swim Lessons (2)

**8:00-9:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**Pool Closes at 9:45pm**

### Thursday

6am-3pm  
 Open Swim (1)  
 Lap Swim (3)

3pm-4pm  
 Open swim (1)  
 Lap Swim (2)  
 Swim League (1)

**5:00-6:00pm**  
 Lap Swim (2)  
 Swim Lessons (2)

**\*No open swim during this time!**

**6:00-8:00pm**  
 Lap Swim (2)  
 Swim League (2)

**8:00-9:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**Pool Closes at 9:45pm**

### Friday

6am-5pm  
 Open Swim (1)  
 Lap Swim (3)

**5pm-8:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**\*\*Make-up Swim Lessons will be held on Fridays when necessary. In the event of make-up lessons, there will be no open swim lane.**

**\*\*\* Pool schedule is subject to change at any time due to unforeseen events and programs.**

**Pool Closes at 8:45pm**

### Saturday

**8:00am-9:15am**  
 Lap Swim (3)  
 Open Swim (1)

**9:15am-1:30pm\***  
 Swim Lessons (2)  
 Lap Swim (2)

**\*10:15-11:15am\***  
 Aqua Fit

**\*No open swim during this time!  
 (9:15am-12:30pm)**

**1:30pm-5:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**Pool Closes at 5:45pm**

**Sunday**  
**1pm-5:45pm**  
 Open Swim (1)  
 Lap Swim (3)

**\*Community Swim takes place from 4pm to 5:45pm**

**Pool Closes at 5:45pm**

## Lap Swim Etiquette

**CARING-** For everyone's safety: We request that upon entering an occupied lane, please make sure the other swimmer(s) are aware that you will be sharing the space.

**HONESTY-** Choose the lane that best fits your swimming ability and speed before entering the water.

**RESPECT-** Be patient and respectful of others.

**RESPONSIBILITY-** Circle swim (counter clockwise) when there are more than two swimmers per lane.

Enjoy your workout!! When we work together, lap swimming can be a wonderful and rewarding experience for all.

**Private lessons/ Lifeguard Training**  
 We reserve the right to conduct private lessons, lifeguard training and safety drills at any time.

Open swim in the first lane is only allowed during the times that say "Open Swim ". During all other times, the lap pool is reserved for swim lessons and lap swimming only. Please see the off-duty lifeguard if you have questions.

\*Pool schedule is subject to change at any time due to unforeseen events and programs.

