



NORTH AUSTIN YMCA LAP POOL SCHEDULE

January

Building Hours
 M-Th 5:30am-10pm
 Fri 5:30am-9:00pm
 Sat 8am-6pm
 Sun 1pm-6pm

Child Watch Hours
 M-F (AM) 8am-1pm
 M-F (PM) 4pm-8:30pm
 Sat 8am-1pm
 Sun CLOSED

Monday

6am-5pm
 Open Swim (1)
 Lap Swim (3)

5:00pm-7:15pm
 Open Swim (1)
 Lap Swim (2)
 Swim Lessons (1)

7:15pm-8pm
 Lap Swim (2)
 Swim Lessons (2)

8:00-9:45pm
 Open Swim (1)
 Lap Swim (3)

Pool Closes at 9:45pm

Tuesday

6am-3pm
 Open Swim (1)
 Lap Swim (3)

3pm-4pm
 Open swim (1)
 Lap Swim (2)
 Swim League (1)

5:00-5:45pm
 Lap Swim (1)
 Swim Lessons (3)

5:45-8:00pm
 Lap Swim (2)
 Swim League (2)

***No open swim during this time!**

6:00-8:00pm
 Lap Swim (2)
 Swim League (2)

8:00-9:45pm
 Open Swim (1)
 Lap Swim (3)

Pool Closes at 9:45pm

Wednesday

6am-5pm
 Open Swim (1)
 Lap Swim (3)

5:00pm-7:15pm
 Open Swim (1)
 Lap Swim (2)
 Swim Lessons (1)

7:15pm-8pm
 Lap Swim (2)
 Swim Lessons (2)

8:00-9:45pm
 Open Swim (1)
 Lap Swim (3)

Pool Closes at 9:45pm

Thursday

6am-3pm
 Open Swim (1)
 Lap Swim (3)

3pm-4pm
 Open swim (1)
 Lap Swim (2)
 Swim League (1)

5:00-5:45pm
 Lap Swim (1)
 Swim Lessons (3)

5:45-8:00pm
 Lap Swim (2)
 Swim League (2)

***No open swim during this time!**

6:00-8:00pm
 Lap Swim (2)
 Swim League (2)

8:00-9:45pm
 Open Swim (1)
 Lap Swim (3)

Pool Closes at 9:45pm

Friday

6am-5pm
 Open Swim (1)
 Lap Swim (3)

5pm-8:45pm
 Open Swim (1)
 Lap Swim (3)

****Make-up Swim Lessons will be held on Fridays when necessary. In the event of make-up lessons, there will be no open swim lane.**

***** Pool schedule is subject to change at any time due to unforeseen events and programs.**

Pool Closes at 8:45pm

Saturday

8:00am-9:15am
 Lap Swim (3)
 Open Swim (1)

9:15am-1:30pm*
 Swim Lessons (2)
 Lap Swim (2)

10:15-11:15am
 Aqua Fit

***No open swim during this time! (9:15am-12:30pm)**

1:30pm-5:45pm
 Open Swim (1)
 Lap Swim (3)

Pool Closes at 5:45pm

Sunday

1pm-5:45pm
 Open Swim (1)
 Lap Swim (3)

***Community Swim takes place from 4pm to 5:45pm**

Pool Closes at 5:45pm

Lap Swim Etiquette

CARING- For everyone's safety: We request that upon entering an occupied lane, please make sure the other swimmer(s) are aware that you will be sharing the space.

HONESTY- Choose the lane that best fits your swimming ability and speed before entering the water.

RESPECT- Be patient and respectful of others.

RESPONSIBILITY- Circle swim (counter clockwise) when there are more than two swimmers per lane.

Enjoy your workout!! When we work together, lap swimming can be a wonderful and rewarding experience for all.

Private lessons/ Lifeguard Training
 We reserve the right to conduct private lessons, lifeguard training and safety drills at any time.

Open swim in the first lane is only allowed during the times that say "Open Swim ". During all other times, the lap pool is reserved for swim lessons and lap swimming only. Please see the off-duty lifeguard if you have questions.

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