



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COA/YMCA NORTH AUSTIN GYM SCHEDULE

February 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>CLOSED</b>	Open Gym (C)(F) 5:30am-7:30am	Open Gym (C)(F) 5:30am-7:30am	Open Gym (C)(F) 5:30am-7:30am	Open Gym (C)(F) 5:30am-7:30am	Open Gym (C)(F) 5:30am-7:30am	<b>YMCA Youth Basketball Games 8am-3pm</b>
	Open Gym (F) 7:30am-9:45am	Open Gym (F) 7:30am-11:30am	Open Gym (F) 7:30am-9:30am	Open Gym (F) 7:30am-9:30am	Open Gym (F) 7:30am-9:30am	
	YMCA Programing 9:45am-11am		Open Gym (F) (C) 9:30am-11am	Open Gym (F) (C) 9:30am-11:30am	Open Gym (F) (C) 9:30am-11am	Open Gym (F) 3pm-5:45pm
	YMCA Programing 11:30am-1pm	YMCA Programing 11:30am-1pm	YMCA Programing 11:30am-1pm	YMCA Programing 11:30am-1pm	Open Gym (F) 11am-4pm	
Open Gym (C)(F) 1pm-3pm	Open Gym (F) 1pm-6pm	Open Gym (F) 1:00pm-3:00pm	Open Gym (F) 1pm-5:00pm	Open Gym (F) (C) 1pm-3pm		
		Open Gym (F) (C) 3:00pm-4:45pm		Open Gym (F) 3pm-5:30pm	YMCA Youth Programing 4pm-6:30pm	
Open Gym (F) 3pm-5:45pm	<b>YMCA Youth Basketball Practice 6:00-7:00pm</b>		YMCA Youth Programing 5:00pm-7:00pm	<b>YMCA Youth Basketball Practice 5:30pm-8pm</b>	Child Watch/Hang Time (F) 6:30pm-7:30pm	<b>CLOSED</b>
<b>CLOSED</b>		YMCA Programing 4:45pm-8pm	Child Watch/Hang Time (F) 7pm-8pm	Open Gym (F)(C) 8pm-9:45pm	Open Gym (C)(F) 7:30pm-8:45pm	
		Teen Open Gym (C)(F) 7pm-9:45pm	Teen Open Gym (C)(F) 8pm-9pm			
		Open Gym (F) (C) 9pm-9:45pm				

## **PLEASE READ GYM GUIDELINES & POLICIES**

- Community Members may use the Gym during time blocks marked with (C).
- Facility Members may use the Gym during time blocks marked with (F).
- Family Open Gym: The gym will be open for children under 13 and their parents. Short goals will be available.
- Child Watch/Hang Time: Children must be checked in to Child Watch or the Teen Room in order to use the gym during this time.
- Teen Open Gym: Priority will be given to teens, ages 13-18.
- NO food is allowed in the gym.
- ONLY Water and/or Gatorade allowed in the gym.
- The gym will be closed during and up to 15 minutes before and after YMCA Programming to ensure all equipment is put up properly before the gym is re-opened.
- Gym CLOSES 15 minutes before the closing of the facility to ensure we get everyone out of the building by closing time.