

# YOUTH AND FAMILY SCHEDULE

## AT A GLANCE

**JAN**  
**2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10AM-10:45AM <b>Y Play Fit</b> AGES 3-7 <u>[GYMNASIUM]</u>	10:30AM-11:15AM <b>Y Music &amp; Movement</b> AGES 2-5 <u>[COMMUNITY RM]</u>	7:15PM-8:15PM <b>Tae Kwon Do</b> AGES 8 & UP <u>[MIND &amp; BODY]</u>	10:15AM-11AM <b>Y Create</b> AGES 18m-5yrs* <u>[CHILDWATCH]</u>	7:15PM-8:15PM <b>Tae Kwon Do</b> AGES 8 & UP <u>[MIND &amp; BODY]</u>	2:30PM-3:30PM <b>Ballet- Level 1</b> AGES 4-6 <u>[MIND &amp; BODY]</u>
5:00PM-5:45PM <b>Y Dance</b> AGES 4-12 <u>[COMMUNITY RM]</u>	6PM-7PM <b>Y Adaptive Sports</b> Ages 6&Up <u>[GYMNASIUM]</u>		5PM-5:45PM <b>Hip Hop- Level 1</b> AGES 4-11 <u>[MIND &amp; BODY]</u>		3:30PM-4:30PM <b>Ballet- Level 1</b> AGES 4-12 <u>[MIND &amp; BODY]</u>
			5PM-5:45PM <b>Gymnastics- Level 1</b> AGES 5-12 <u>[GYMNASIUM]</u>		
			6PM-6:45PM <b>Gymnastics- Level 2</b> AGES 5-12 <u>[GYMNASIUM]</u>		
			6:00PM-6:45PM <b>Y Dance</b> AGES 4-12 <u>[COMMUNITY RM]</u>		

**The January schedule runs from January 8<sup>th</sup> through February 3<sup>rd</sup> and is subject to change.**

Free programs are ongoing through the end of the year while fee based programs run on a reoccurring 4 week schedule.

### Session dates for fee-based programs:

January: January 8<sup>th</sup> – February 3<sup>rd</sup> (\*\*No classes on January 15<sup>th</sup>)

**“Y” at the beginning of the name indicates that the program is free.** Free classes are first come, first serve and are **only open to Y members** unless marked otherwise. Registration is located at the Child Watch desk. Due to limited space we recommend you sign up 10 to 15 minutes before class starts.

\*Y Create: Any children under the age of 4 must be accompanied by an adult for this class

Please see our website for full program registration and cancellation policies for our fee-based programs, which require prior registration in order to participate.