

YOUTH AND FAMILY SCHEDULE

AT A GLANCE

FALL
2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10AM-10:45AM Y Play Fit AGES 3-7 [GYMNASIUM]	10AM-10:45AM Y Music & Movement AGES 2-5 [COMMUNITY RM]	5PM-5:45PM Gymnastics- Level 1 AGES 5-12 [GYMNASIUM]	5PM-5:45PM Hip Hop- Level 1 AGES 4-11 [MIND & BODY]	7:15PM-8:15PM Tae Kwon Do AGES 8 & UP [MIND & BODY]	2:30PM-3:30PM Ballet- Level 1 AGES 4-6 [MIND & BODY]
5:30PM-6:15PM Y Dance AGES 4-12 [COMMUNITY RM]	11:30AM-12:15PM Y Create AGES 18m-5yrs* [CHILDWATCH]	6PM-6:45PM Gymnastics- Level2 AGES 5-12 [GYMNASIUM]	6:00PM-6:45PM Y Dance AGES 4-12 [COMMUNITY RM]		3:30PM-4:30PM Ballet- Level 1 AGES 4-12 [MIND & BODY]
	5PM-6PM Exploring Mediums AGES 7-13 [COMMUNITY RM]	5PM-5:45PM Jazz Dance AGES 6-12 [MIND & BODY]			
	6PM-7PM Y Adaptive Sports Ages 6&Up [GYMNASIUM]	7:15PM-8:15PM Tae Kwon Do AGES 8 & UP [MIND & BODY]			
	6:30PM-7:30PM Junior Chefs AGES 5-13 [KITCHEN]				

The Fall schedule runs from September 5th through November 21st and is subject to change.

Free programs are ongoing through the spring while fee based programs run on a reoccurring 4 week schedule.

Session dates for fee-based programs:

September: September 5th—30th

October: October 2nd—28th

November: October 30th—November 21st **No programs November 22nd—26th

“Y” at the beginning of the name indicates that the program is free. Free classes are first come, first serve and are **only open to Y members** unless marked otherwise. Registration is located at the Child Watch desk. Due to limited space we recommend you sign up 10 to 15 minutes before class starts.

*Y Create: Any children under the age of 4 must be accompanied by an adult for this class

Please see our website for full program registration and cancellation policies for our fee-based programs, which require prior registration in order to participate.