

YMCA of Austin Pool Rules

The Lifeguard is in charge of the pool at all times.

All children under the age of 12 must pass the YMCA of Austin Swim Test.

Swimmers who have passed the swim test and are 12 years of age or older may use the pool without direct adult supervision.

No running, diving, dunking, pushing, horseplay, prolonged breath-holding, or inappropriate behavior of any kind.

No food, drink, or gum in the pool area.

All swimmers must shower before entering the pool.

Only United States Coast Guard approved flotation devices allowed in the pool.

Only appropriate swimwear is allowed in the pool.

All children wishing to use a slide must pass the swim test and follow slide manufacture's specifications.

The Lifeguard is empowered to enforce all YMCA of Austin policies, including but not limited to membership and behavior policies.

Lifeguard's word is final.

YMCA of Austin Swim Test Policy

All children under the age of 12 must be swim tested prior to entering a pool without an adult.

If a child has not passed the swim test they must have an adult in the water and remain within arms distance at all times.

If a child wishes to swim in water depths over 5' they must have passed the swim test or be within arms distance of an adult and wearing a U.S. Coast Guard approved PFD.

Criteria for passing swim test: Jump into water (feet first), recover, swim ½ distance of the pool, change direction (turn around), return to starting point and exit water on their own. Lifeguards are looking for forward and constant motion, horizontal body position, no underwater swimming and no touching the bottom or sides of pool during test.

If a child fails the swim test they must wait 24 hours before re-testing.

Children that pass the test will be logged at the branch where the test was taken for future references.

Swim tests will be good for a year and retested annually.

After passing the swim test, it is the responsibility of the member to retrieve their wristband each visit.

Children without wristbands will not be allowed in the water without a parent/guardian of at least 18 years of age. The YMCA reserves the right to swim test anyone. We also reserve the right to re-test.

Mark McCombs

Aquatics Director

Mark.McCombs@austinyymca.org