

HAYS YMCA DECEMBER 2017 POOL SCHEDULE (EFFECTIVE 12/1/17 - 12/31/17)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
TRAINING POOL	Open Swim 5am-12pm	Open Swim 5am-10:50am	Open Swim 5am-12pm	Open Swim 5am-10:50am	Open Swim 5am-2pm	Open Swim 8am-9:30am	Open/Family Swim 1-5pm
		Arthritis 10:50-11:50pm		Arthritis 10:50-11:50pm		Swim Lessons 9:30am-12:30pm	Swim Lessons 5pm-6:25pm
	First Grade Swim 12pm-1:45pm	First Grade Swim 12pm-1:45pm	First Grade Swim 12pm-1:45pm	First Grade Swim 12pm-1:45pm		Open Swim 12:30pm-6:50pm	Open/Family Swim 6:25-7:20pm
	Arthritis 2:00-3:00pm	Open Swim 1:45pm-3:15pm	Arthritis 2:00-3:00pm	Open Swim 1:45pm-3:15pm	Arthritis 2:00-3:00pm		
	Open Swim 3-4pm	Swim Lessons 3:15pm-6:55pm	Open Swim 3-4pm	Swim Lessons 3:15pm-6:55pm	Open Swim 3-9:50pm		
	Swim Lessons 4-7:40pm	Open Swim 6:55-9:50pm	Swim Lessons 4-7:40pm	Open Swim 6:55-9:50pm			
	Open Swim 7:40-9:50pm		Open Swim 7:40-9:50pm				Fridays = Possible Lesson Makeup Days
LAP POOL	Open Swim 5-6am	Open Swim 5-6am	Open Swim 5-6am	Open Swim 5-6am	Open Swim 5-6am	Open Swim 5-9am	Open/Family Swim 1-5pm
	Swim Team 5:45-8:30am	Swim Team 5:45-8:30am	Swim Team 5:45-8:30am	Swim Team 5:45-8:30am	Swim Team 5:45-8:30am	Swim Team 8-9am	
	Aqua Dance 8:30-9:25am	Senior Aqua ROM 9:15-10:15am	Aqua Strong 9:15-10:15am	Senior Aqua ROM 9:15-10:15am	Aqua Strong 9:30-10:30am	Aqua Strong 9-10am	
	Aqua Core 9:30-10:30am	First Grade Swim 12-1:45pm	First Grade Swim 12-1:45pm	First Grade Swim 12-1:45pm	Open Swim 10:30am-4pm	Swim Lessons 9:30-12:25pm	
	First Grade Swim 12-1:45pm	Open Swim 1:45pm-3:15pm	Open Swim 1:45pm-4pm	Open Swim 1:45pm-3:15pm		Swim Team 12-1p	
	Open Swim 1:45am-4pm					Open/Family Swim 1-6:50pm	
		Swim Lessons 3:15pm-6:55pm		Swim Lessons 3:15pm-6:55pm			
	Swim Lessons 4-7:40pm	Swim League 5-6pm	Swim Lessons 4-7:40pm	Swim League 5-6pm	Swim Team 4-8pm		Swim Lessons 5-6:25pm
	Swim Team 5:45-8:45pm	Aqua Strong 7-8pm	Swim Team 5:45-8:45pm	Open Swim 7-9:50pm	Open Swim 7-9:50pm		Open/Family Swim 6:25-7:20pm
	Aqua Interval 6:15-7:15pm		Aqua Interval 7:00 - 8:00pm				
Open Swim 8:45-9:50pm	Open Swim 8-9:50pm	Open Swim 8:45-9:50pm				Fridays = Possible Lesson Makeup Days	
INTERACTIVE POOL	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

YMCA of Austin Pool Rules

The Lifeguard is in charge of the pool at all times.

All children under the age of 12 must pass the YMCA of Austin Swim Test.

Swimmers who have passed the swim test and are 12 years of age or older may use the pool without direct adult supervision.

No running, diving, dunking, pushing, horseplay, prolonged breath-holding, or inappropriate behavior of any kind.
No food, drink, or gum in the pool area.

All swimmers must shower before entering the pool.

Only United States Coast Guard approved flotation devices allowed in the pool.

Only appropriate swimwear is allowed in the pool.

All children wishing to use a slide must pass the swim test and follow slide manufacture's specifications.

The Lifeguard is empowered to enforce all YMCA of Austin policies, including but not limited to membership and behavior policies.

Lifeguard's word is final.

YMCA of Austin Swim Test Policy

All children under the age of 12 must be swim tested prior to entering a pool without an adult.

If a child has not passed the swim test they must have an adult in the water and remain within arms distance at all times.

If a child wishes to swim in water depths over 5' they must have passed the swim test or be within arms distance of an adult and wearing a U.S. Coast Guard approved PFD.

Criteria for passing swim test: Jump into water (feet first), recover, swim ½ distance of the pool, change direction (turn around), return to starting point and exit water on their own. Lifeguards are looking for forward and constant motion, horizontal body position, no underwater swimming and no touching the bottom or sides of pool during test.

If a child fails the swim test they must wait 24 hours before re-testing.

Children that pass the test will be logged at the branch where the test was taken for future references.

Swim tests will be good for a year and retested annually.

After passing the swim test, it is the responsibility of the member to retrieve their wristband each visit.

Children without wristbands will not be allowed in the water without a parent/guardian of at least 18 years of age. The YMCA reserves the right to swim test anyone. We also reserve the right to re-test.

Mark McCombs

Aquatics Director

Mark.McCombs@austinyymca.org