

YMCA of Austin Youth Soccer Guidelines

Age Group	Ball Size	Game Length	Goal Size	Players on Field/Coaches on Field	Special Rules
3-5	3	4 x 6 Minute Quarters (20-25 Min. Practice)	4x6 Goal Field: 15x30	5v5	No Keeper; No penalties; parents keep ball in play; no score kept; Must have shin-guards/socks
6-7	3	4 x 10 Minute Quarters	Field: 25 x 40 Size of the field and goal may be adjusted to the facility	6v6	No Keeper; Free kicks awarded; all kicks indirect; no penalty shots; offside if extreme; throw-ins awarded (2 chances); must have shin-guards/socks
8-9	4	4 x 12 Minute Quarters	Size of the field and goal may be adjusted to the facility	8v8	Free Kicks awarded; corner/goal/penalty kicks treated as direct; kick-off as indirect; offsides/handball called; heading not allowed; no coaches on the field – only on their half; no contact in 'goalie' goal box; must have shin-guards/socks
10-11	4	2 X 25 Minute Halves	Size of the field and goal may be adjusted to the facility	9v9	Free kicks awarded and can be direct/indirect; offsides/handball called; NO intentional heading permitted; no coaches on the field – only on their half; no contact in 'goalie' goal box; must have shin-guards/socks
12-14	5	2 X 25 Minute Halves	Size of the field and goal may be adjusted to the facility	9v9	Free kicks awarded and can be direct/indirect; offsides/handball called; intentional heading permitted; no coaches on the field – only on their half; no contact in 'goalie' goal box; must have shin-guards/socks